

STRIDE AHEAD, INC.
A DeKalb County Based Nonprofit Corporation

Funding Proposal

Stride Ahead, Inc., a nonprofit organization located in Little Creek Horse Farm, is seeking a grant of \$30,000 from DeKalb County to help us provide equine-assisted therapy to at-risk young children, teens and adults in DeKalb County, including veterans, teachers and first responders. Our therapy program operates under strict guidelines established by two international accrediting associations. Based on where our clients live, work or go to school, we estimate that at least 90% of our clients are from DeKalb County.

Stride Ahead provides therapeutic riding sessions, equine assisted psychotherapy (EAP) and stress relief therapy to approximately 60-65 clients a year, ranging in age from three years to over 60 years. (The number fluctuates as clients enter or leave the program during the year.) Two-thirds of our clients (approximately 40 at any one time) receive a 1-hour therapeutic riding session each week and remain in our therapy program for anywhere from one to five years, and the remaining one-third of our clients (approximately 20 during a year) receive five-ten 1-hour stress-relief or EAP therapy sessions during a 2-10 week period.

The ARP funds would be used to provide therapy sessions for six months to sixteen clients in two groups:

- Weekly one-hour therapeutic riding sessions for ten (10) clients at \$325/month, including clients receiving services under the Leg Up program [total of \$19,500]; and
- Seven (7) weekly one-hour stress relief or EAP sessions for six (6) clients at \$250/session [total of \$10,500].

We would be pleased to provide additional details on how Stride Ahead provides this therapy and the therapeutic benefits to these clients.

Thank you for your consideration of this proposal.

Submitted by:



Caroline Moise
Chair of the Board of Directors
Stride Ahead, Inc.

May 15, 2023