DIANNE W. HILTMAN

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My family has dealt with the impact of mental illness for our two sons. With education and support, primarily through NAMI Dekalb and NAMI Georgia, they are doing very well now. I care deeply about this issue and want to serve, to understand and to offer input. There's a lot to do, and I want to help!

EXPERIENCE

2014 -PRESENT

NAMIDEKALB, LOCAL AFFILIATE OF NAMI GEORGIA

Support educational programing and fundraising activities; teach Family to Family education three-month program, train new Family to Family teachers

2014 - 2013

DRUG AND ALCOHOL PREVENTION PROGRAM COORDINATOR, THE LOVETT SCHOOL

Administer and present required prevention programing to all 7th grade parents yearly (~150-175 persons); track attendance and compliance, manage supplies; present 9-hour program at least 9 times during school year. (PRIme for Life-Georgia's required DUI program)

2006 - 2008

MODERATOR (VICE-, CURRENT, AND PAST-), CENTRAL

CONGREGATIONAL UNITED CHRUCH OF CHRIST

Serve as liaison between Interim Minister, Church Council and Congregation; begin Search Committee for a Full-time Senior Minister; serve on By-Laws update committee; Chair yearly Stewardship Campaign 2006

1999 - 2001

BOARD OF TRUSTEES, ATLANTA UNITY CHRUCH

Serve as liaison between Minister and Congregation; serve on Welcome Committee

1996-1998

CO-CHAIR, PI BITES LUNCH PROGRAM, THE PAIDIEA SCHOOL

Start-up phase of an outside vendor lunch program that still generates ~ \$50,000+ yearly for Paideia School.

1981 -1986

CLINICAL NURSE-MIDWIFERY INSTRUCTOR, EMORY SCHOOL OF

NURSING

Supervise students in the clinical setting, lecture occasionally, participate as assigned in committee meetings; participate in the Faculty Nurse-midwifery Practice at Crawford Long Hospital

EDUCATION

MAY 1982

MSN (NURSE-MIDWIFERY), EMORY UNIVERSITY

MAY 1977

BSN (NURSING), MEDICAL COLLEGE OF GEORGIA (MAGNA CUM LAUDE)

MAY 1973

BFA (THEATRE), UNIVERSITY OF GEORGIA (CUM LAUDE)

SKILLS

- I know about mental illness from the lived family perspective
- I know about addiction from previous employment, as well as from the family perspective, having two of my three brothers live with addiction
- I am very involved in a community nonprofit (NAMI) which supports mental health
- I am a darned good public speaker and can passionately, calmly and candidly share from my knowledge and experience
- I care about deeply about this issue
- I am retired

ACTIVITIES

I try to balance the very serious issues my family lives with by purposefully engaging in hobbies and activities completely unrelated to mental health and supporting our sons in their journey to stability and recovery. Quilting, two book clubs, a bit of gardening, church, 3 orthopedic surgeries in the past 3 years, late night Words with Friends battles......all of it helps me stay balanced and hopeful. The one activity I assiduously avoid is any sort of regular exercise program. That would simply be too healthy.